

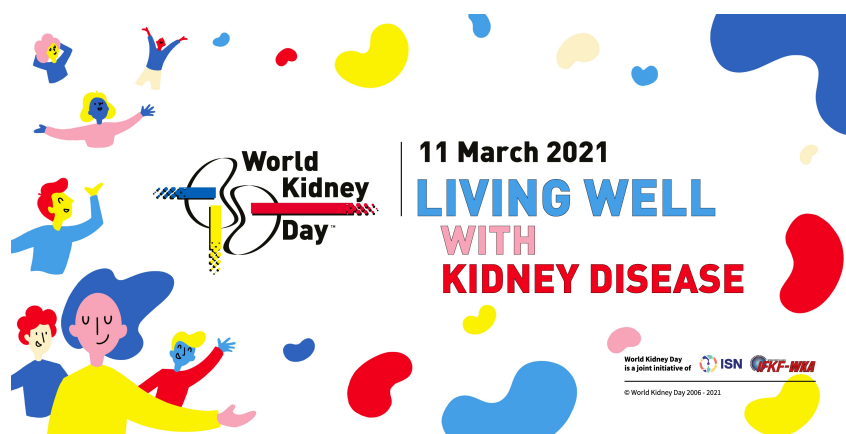
[View it in your browser](#)



## NEPHROLOGY NEWS FLASH

### SPECIAL EDITION LATEST IN NEPHROLOGY

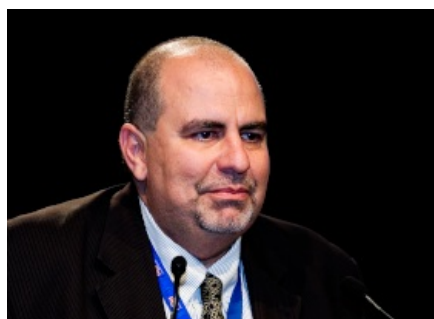
Editor in Chief: María José Soler Romeo - No 220, March 2021



#### Today is World Kidney Day

ERA-EDTA supports the World Kidney Day with a FREE collection of NDT and CKJ articles dedicated to this year's WKD theme "Living Well with Kidney Disease". The collection will be freely available until June 11, 2021.

[Discover the collection](#)



#### Video Interview

Video interview with Professor Ziad Massy on the paper: EDTAKI: A Nephrology and Public Policy Committee (NPPC) Platform Call for More European Involvement in AKI

[Watch the interview](#)



### **Publications you should not miss!**

#### **KDIGO updates guidelines on blood pressure management in CKD**

Kidney Disease: Improving Global Outcomes (KDIGO) has published new guidelines on the management of blood pressure (BP) in chronic kidney disease (CKD) patients not receiving dialysis. An update of the KDIGO 2012 recommendations, the 2021 guidelines take into account new evidence to set lower blood pressure targets. The guidelines also emphasize the importance of standardized measurement in the management of high BP. [[Read more](#)]

#### **ADVOCATE: a milestone in the treatment of ANCA-associated vasculitis**

According to the randomized controlled ADVOCATE trial, treatment with avacopan is noninferior to oral prednisone taper in achieving remission at week 26 in patients with antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis. At week 52, avacopan, an oral small-molecule inhibitor of the complement C5a receptor, was superior to oral prednisone taper in achieving sustained remission.

[[Read more](#)]

#### **Immunological biomarker predicts early rejection and graft loss after transplantation**

In this prospective laboratory study, the ratio of interleukin-10 (IL-10) to tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) was validated as a strong predictive marker of renal allograft outcomes. The study also provides a rationale for the investigation of preemptive intervention with TNF blockade. [[Read more](#)]

#### **How to treat atrial fibrillation in elderly dialysis patients? Reducing UF rate may be a first practical step!**

Atrial fibrillation (AF) is a common problem among dialysis patients and can lead to ischemic strokes and heart failure. Nevertheless, the value of oral anticoagulation for this patient group is still a subject of ongoing debate. There is not enough data yet to stratify those patients who benefit from such pharmaceutical therapy from those who might be harmed by it. In that context, a novel approach seems appealing: A retrospective study showed that higher ultrafiltration (UF) rates were associated with higher incidences of atrial fibrillation. Perhaps the key for reducing the high incidence of AF in dialysis patients may simply lie in reducing UF rates?

[[Read more](#)]

#### **Kidney health for everyone everywhere: World Kidney Day call to action**

The World Kidney Day (WKD) Steering Committee has declared 2021 the year of Living Well with Kidney Disease. The aim is to increase education and raise awareness to meet the needs of kidney patients for effective symptom management and empowerment. The goal is to help minimize the burden of chronic kidney disease (CKD) for patients and their care partners and enhance satisfaction, health-related quality of life and life participation. [[Read more](#)]

### **ERA-EDTA Endorsed Events 2021**



Click here to view all the  
ERA-EDTA e-seminars





**Nephrology News Flash** is the official **ERA-EDTA E-Newsletter**

**Follow us:**



The ERA-EDTA collects and processes personal information to provide you with details regarding the Association and its activities. The information is used for accounting and commercial purposes by ERA-EDTA in compliance with the EU General Data Protection Regulation (2016/679).  
[Unsubscribe](#)

© 2021 ERA-EDTA