

ORDINARY COUNCIL MEMBER - CANDIDATE APPLICATION FORM

Full Name	Ana Carina da Costa Ferreira
Title	MD, PhD
Country of Residence (home/work address)	Portugal
Mobile phone number	+351 217924229
Education (Where? When?)	<p>2003: Graduated in Medicine, NOVA Medical School, Universidade Nova de Lisboa, Lisbon</p> <p>2014 – 2015: Certification and completion of Clinical Scholars Research Training I and II, Portugal Program in Translational Research and Information – Harvard Medical School</p> <p>2022: PhD in Medicine at Nova Medical School, Universidade Nova de Lisboa, with thesis: <i>“Bone-derived hormones, bone disorders and cardiovascular disease in kidney transplanted patients”</i></p>
Career	<p>2004 – 2005: House Officer (General Internship), Hospital of Pulido Valente, Lisbon</p> <p>2006 – 2012: Specific internship in Nephrology (5 years), Hospital of Curry Cabral Centro Hospitalar e Universitário de Lisboa Central (HCC CHULC), Lisbon</p> <p>2006 – present: Private activity in nephrology at NephroCare Alverca Haemodialysis Clinic</p> <p>2012 – present: Specialist in Nephrology, working in the Department of Nephrology and Renal Transplantation Unit at HCC CHULC</p> <p>2016 – present: Head of the Peritoneal Dialysis Unit of HCC CHULC</p> <p>2020 – present: Consultant of Nephrology at HCC CHULC</p>
Accomplishments	<p>2012: Specialist Degree in Nephrology, Portuguese Medical Association</p> <p>2017: European Nephrology Certification, by UEMS & ERA</p> <p>2020: Nephrology Consultant Degree, Portuguese Medical Association</p> <p>2021 – present: Member of Board of the Portuguese Society of Nephrology (Treasurer)</p>

Number of citations for major (10) publications (calculated using Google Scholar)

1. Matias P, Jorge C, **Ferreira AC**, Borges M, Aires I, Amaral T, Gil C, Cortez J, Ferreira A. Cholecalciferol supplementation in hemodialysis patients: effects on mineral metabolism, inflammation, and cardiac dimension parameters. *Clin J Am Soc Nephrol* 2010; 5:905-911 doi: 10.2215/CJN.06510909 (Citations 283)
2. Matias P, **Ferreira AC**, Jorge C, Borges M, Aires I, Amaral T, Gil C, Cortez J, Ferreira A. 25 hydroxyvitamin D3, arterial calcifications and cardiovascular risk markers in haemodialysis patients. *Nephrol Dial Transplant* 2009; 24: 611-618 doi: 10.1093/ndt/gfn502 (Citations 145)
3. Matias P, Azevedo A, Laranjinha I, Navarro D, Mendes M, **Ferreira AC**, Amaral T, Jorge C, Aires I, Gil C, Ferreira A. Lower serum magnesium is associated with cardiovascular risk factors and mortality in haemodialysis patients. *Blood Purif* 2014, 38: 244-252 doi: 10.1159/000366124 (Citations 87)
4. Garagarza C, Matias P, Sousa Guerreiro C, Amaral T, Aires I, **Ferreira C**, Jorge C, Gil C, Ferreira A. Nutritional status and overhydration: can bioimpedance spectroscopy be useful in haemodialysis patients? *Nefrologia* 2013; 33(5):667-74 doi: 10.3265/Nefrologia.pre2013.Jun.12008 (Citations 45)
5. **Ferreira AC**, Nolasco F, Carvalho D, Sampaio S, Baptista A, Pessegueiro P, Monteiro E, Mourão L, Barroso E. Impact of RIFLE classification in liver transplantation. *Clin Transplant* 2010; 24: 394-400 doi: 10.1111/j.1399-0012.2009.01087.x (Citations 42)
6. Mendes M, **Ferreira AC**, Ferreira A, Aires I, Remédio F, Cordeiro A, Mascarenhas A, Martins A, Pereira P, Glória H, Perdigoto R, Veloso J, Ferreira P, Oliveira J, Silva M, Barroso E, Nolasco F. ABO-Incompatible liver transplant in acute liver failure: a single Portuguese center study. *Transplant Proc* 2013; 45(3):1110-1115 doi: 10.1016/j.transproceed.2013.02.012 (Citations 31)
7. Matias PJ; Laranjinha I; Azevedo A; Raimundo A; Navarro D; Jorge C; Aires I; Mendes M; **Ferreira AC**; Amaral T; Gil C; Ferreira A. Bone fracture risk factors in prevalent hemodialysis patients. *J Bone Miner Metab* 2020;38:205-212 doi: 10.1007/s00774-019-01041-9 (Citations 16)
8. Gante I, **Ferreira AC**, Pestana G, Pires D, Amaral N, Dores J, Almeida MC, Sandoval JL. Maternal educational level and the risk of persistent post-partum glucose metabolism disorders in women with gestational diabetes mellitus. *Acta*

	<p>Diabetologica 2018; 55(3):243-251 doi: 10.1007/s00592-017-1090-y (<i>Citations 13</i>)</p> <p>9. Ferreira AC, Brum S, Carvalho D, Pataca I, Santos MC, Carvalho F, Santos JR. <u>Renal dysfunction due to leukaemic infiltration of kidneys in a case of chronic lymphocytic leukemia</u>. <i>Hemodialysis Int</i> 2010; 14: 87-90 doi: 10.1111/j.1542-4758.2009.00395.x (<i>Citations 12</i>)</p> <p>10. Ferreira AC, Carvalho D, Carvalho F, Galvão MJ, Nolasco F. <u>Collapsing glomerulopathy in Portugal: a review of the histological and clinical findings in HIV and non-HIV patients</u>. <i>Nephrol Dial Transplant</i> 2011; 26: 2209-2215 doi: 10.1093/ndt/gfq686 (<i>Citations 12</i>)</p>
<p>Hirsch Index calculated using Google scholar</p>	<p>12</p>
<p>Contributions to the ERA and/or to national/international nephrology</p>	<p>To ERA:</p> <p>2013 – 2018: Board member of the ERA EDTA Young Nephrologists' Platform (YNP)</p> <p>2015 – 2017: Chairperson of the ERA EDTA - YNP</p> <p>2016: Scientific committee member & organization of the ERA EDTA UEMS Course "Pregnancy and kidney transplantation"</p> <p>2016: Scientific committee member of the ERA EDTA UEMS Course "Interventional Nephrology"</p> <p>2016: Scientific committee member of the ERA EDTA Congress 2017</p> <p>2017: Scientific committee member of the ERA EDTA Congress 2018</p> <p>2019 – present: Editorial board member of the <i>Nephrology Educational Portal (NEP)</i></p> <p>2019 – present: Peritoneal Dialysis Editor of the <i>Clinical Kidney Journal</i></p> <p>2020 – present: Graphical Abstract Editor of the <i>Clinical Kidney Journal</i></p> <p>2020: Scientific committee member of the ERA EDTA Congress 2021</p> <p>2022: Scientific committee member of the ERA Congress 2023</p> <p>To International Nephrology:</p> <p>2020 - present: Management committee of the COST Action CA19127 CONNECT (European Cooperation in Science & Technology)</p> <p>To National Nephrology</p> <p>2012 – 2016: Associate Editor of the <i>Portuguese Journal of Nephrology and Hypertension (PJNH)</i></p>

	<p>2017: Congress Committee member of the 2018 Portuguese Congress of Nephrology</p> <p>2018 – present: Review Article Editor of the <i>PJNH</i></p> <p>2021 – present: Member of the subcommittee for monitoring quality indicators and activity reports of national dialysis units (from National Dialysis Monitoring Commission)</p> <p>2021 – present: Treasurer of the Portuguese Society of Nephrology</p> <p>2022: Scientific committee member & organization of the Portuguese Society of Nephrology Course “Renal 4 All”</p> <p>2022: Scientific committee member & organization of the Portuguese Society of Nephrology Course “From hematuria to nephritic syndrome”</p>
<p>Awards</p>	<p>Portuguese Society of Nephrology awards</p> <ul style="list-style-type: none"> Best Abstract at National Congress: 2008, 2009, 2020 Best article for publication: 2009 Grant for scientific research projects: 2015 Best abstract at CKD-MBD field: 2020 Best published article: 2022 <p>Portuguese Society of Transplant awards:</p> <ul style="list-style-type: none"> Grant for scientific research projects: 2016 <p>Portuguese Journal of Nephrology and Hypertension awards:</p> <ul style="list-style-type: none"> Best original manuscript: 2008, 2010 Best case report: 2008, 2009 <p>ERA EDTA awards:</p> <ul style="list-style-type: none"> Best abstract presented by young authors: 2014
<p>Vision: what would you hope to achieve as an Ordinary Council member? (400 words max)</p>	<p>As a 43-year-old Portuguese nephrologist and mother of three, I’m dedicated to providing medical care as a physician in a tertiary university hospital in Lisbon, but also to furthering the education of future doctors through my work as a teacher at NOVA Medical School.</p> <p>I have been an active member of the ERA since 2010. I served on the YNP Board (2013 – 2018) and held the position of YNP Chair (2015 – 2017). Currently, I am a board member of the NEP, and a member of the CKJ Editorial Board. I also have been involved in other activities, offering scientific insights for European congresses, and contributing to the ERA Neph Manual project.</p> <p>As a Council member, I aim to strengthen the relationship between national scientific societies and the ERA. I believe there are potential benefits of closer collaboration between these entities, specifically in:</p>

	<p>1. Registries: I am a strong advocate for increasing our understanding of the epidemiology of kidney diseases in European countries. There are disparities in the prevalence of RRT across countries, and there is potential to gain further knowledge about the prevalence of specific rare renal diseases;</p> <p>2. Screening Programs: With the advent of new therapies that can delay CKD progression, it is crucial to identify those who will benefit most from these treatments. Engaging national societies in screening programs is an important goal to strive for.</p> <p>I believe that ERA should emphasize the support to young nephrologists. Including young physicians in the organization of various activities could help to strengthen the relationship between the Association and the next generation of nephrologists:</p> <ol style="list-style-type: none"> 1. Creating comprehensive courses (online or hybrid) in specific areas of expertise (hemodialysis, peritoneal dialysis, transplantation, primary glomerulonephritis, CKD management) for both younger and older nephrologists; 2. Organizing a one-week intensive European revision course for nephrologists. <p>Lastly, addressing environmental issues is a priority for European organizations. Dialysis has a significant carbon footprint and identifying CKD patients early on for therapies that can delay disease progression, and promoting transplant programs, are environmentally friendly actions. The ERA should engage in dialogue with dialysis companies and healthcare systems operating in Europe to implement practical measures to reduce waste in dialysis, such as computerization (to reduce paper waste), individualized therapies, and incremental dialysis.</p> <p>If I am giving the opportunity, I will contribute to ERA by bringing my ideas, work ethic, and energy to the goals and objectives established by the Association.</p>
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Please note that **the following documents must be sent together with this application form:**

- your photograph (portrait)
- supporting letters from 2 ERA Full members
- your curriculum vitae

As an Ordinary Council Member candidate, I hereby declare that I have not been sentenced by any Court during the last 10 years for any offences which may affect ERA or cause damages (including reputational damages) to ERA (for such purpose, a plea-agreement or any similar alternative is considered equal to a Criminal Court decision: a first instance decision is equal to a final judgment). If I am elected as an Ordinary Council Member, I am going to resign immediately from the relevant body in case I will fall in the situation

provided for under the previous paragraph. Any violation will be promptly sanctioned by the competent authorities.

Date: 01 February 2003

Signature:



Privacy Policy and Terms and Conditions

ERA takes your privacy very seriously and we confirm that all data processing is done in compliance with the EU General Data Protection Regulation (2016/679) and the relevant/eventual up-dates as well as of the laws of Italy on this same topic. By submitting the data requested above you automatically accept ERA's [Privacy Policy](#) and [Terms and Conditions](#).

Date: 01 February 2003

Signature:



Click [here](#) to view all requirements.

Please send all these documents to the email membership@era-online.org
by **February 2, 2023**.