

PROGRAM: 9th EUROD WINTER MEETING JANUARY 2026

January 14-16, 2026 - Leuven, Belgium

CKD-associated Osteoporosis and Cardiovascular disease in Kidney Transplantation

Wednesday, Jan 14, 2026

13:00 – 14:15: Clinical hot topics: Cardiovascular disease

14:15 – 15:15: Coffee Break and Posters

15:15 – 17:00: Clinical Hot Topics: Bone

18:30: Meet & Greet in Leuven (TBC)

Thursday, Jan 15, 2026

09:00 – 10:30: Young Investigator Session: Treating CKD-Associated Osteoporosis

10:30 – 11:00: Coffee Break

11:00 – 12:30: Symposium: Mineral and bone metabolism in rare renal diseases

12:30 – 13:30: Lunch

13:30 – 15:00: Research Forum part 1

15:00 – 16:00: Coffee Break and Posters

16:00 – 17:30: Research Forum part 2

19:00: Network Dinner (De Optimist, registration necessary)

Friday, Jan 16, 2026

CME: CKD-associated osteoporosis and cardiovascular disease in kidney transplantation

09:00 – 10:45: Session 1 - CKD-associated osteoporosis in kidney transplantation

10:45 – 11:30 Coffee Break

11:30 – 12:30: Session 2 - CKD-associated cardiovascular disease in kidney transplantation

12:30 – 13:30: Lunch

13:30 – 15:30: Session 3 - Treatment considerations

15:30 – 16:30: Coffee and Networking

Wednesday, Jan 14, 2026

This session aims to provide an update on the assessment and treatment of bone and vascular disease in CKD, by state-of-the-art lectures on current topics in the fields of CKD-associated cardiovascular disease and osteoporosis.

13:00 – 14:15 Clinical Hot Topics: Cardiovascular disease

Chairs: **Smeeta Sinha** (University of Manchester, Manchester, UK) & **Antonio Bellasi** (Università della Svizzera italiana, Lugano, Switzerland)

- 13:00 – 13:20: **Anti-coagulation in CKD: Time to switch to DOAK?** (Gunnar Heine, Saarland University Medical Center, Homborg, Germany)
- 13:25 – 13:45: **Calprotectin – true target or misnomer in vascular calcification?** (Julie Klein, Université de Toulouse, Toulouse, France)
- 13:50 – 14:10: **Metabolic acidosis: An appealing therapeutic target in CKD and beyond?** (Nilufar Mohebbi, University of Zürich, Zürich, Switzerland)

14:15 – 15:15: Coffee break and Posters

15:15 – 17:00: Clinical Hot Topics: Bone

Chairs: **Hanne Skou Jørgensen** (Aarhus University, Aarhus, Denmark) & **Carlo Alfieri** (University of Milan, Milan, Italy)

- 15:15 – 15:35: **EUROD Consensus 2025: Utility of bone turnover markers in CKD** (Mathias Haarhaus, Karolinska Institute, Stockholm, Sweden)
- 15:40 – 16:00: **Best clinical papers of 2025 in CKD-associated osteoporosis** (Michael Laurent, Katholieke Universiteit Leuven, Leuven, Belgium)
- 16:05 – 16:25: **Anabolic therapy – a promising option for CKD patients with high fracture risk?** (Kassim Javaid, University of Oxford, Oxford, United Kingdom)

18:30 – Meet & Greet in Leuven

Thursday, Jan 15, 2026

09:00 – 10:30: Young Investigator Session: Treating CKD-associated Osteoporosis

Chairs: **Maria Fusaro** (National Research Council, Pisa, Italy & University of Padua, Padua, Italy) & **Marie-Helene Lafage-Proust** (University of Lyon, St. Etienne, France)

CKD-associated osteoporosis remains a challenge for the clinician due to lack of evidence-based treatment and monitoring protocols. This workshop will focus on practical treatment strategies for CKD-associated osteoporosis. Participants will discuss common clinical cases and strategies for treatment, monitoring and evaluation of therapeutic response with leading experts in the field. Participants rotate between two sessions of 40 minutes to discuss clinical cases in small groups, followed by Q&A with the session experts.

09:05 – 09:45 & 09:50 – 10:30

- **Anti-resorptive therapy in late-stage CKD: Choice of agents, safety concerns, monitoring strategies and supportive treatment** (Mathias Haarhaus, Karolinska Institute, Stockholm, Sweden & Marie-Helene Lafage-Proust, University of Lyon, St. Etienne, France)
- **Treatment algorithms in CKD-associated osteoporosis: Choice of bone-targeting agents – anti-resorptives, anabolics, sequential or combinations** (Simona Barbuto, University of Bologna, Bologna, Italy & Thomas Nickolas, Washington University, St. Louis, United States)

10:30 – 11:00: Coffee Break

11:00 – 12:30: Symposium: Mineral and bone metabolism in rare renal diseases

Chairs: **Justine Bacchetta** (University of Lyon, Lyon, France) & **Nathalie Bravenboer** (Amsterdam University Medical Centers Amsterdam, the Netherlands)

- **11:05 – 11:25: Consequences of hypoparathyroidism: relevant for the nephrologist?** (Lucile Figueres, Nantes University, Nantes, France)
- **11:30 – 11:55: Indications and utility of PTH analogs in patients with hypoparathyroidism** (Jean Philippe Bertocchio, Sorbonne University, Paris, France)
- **12:00 – 12:25: Treatment of patients with X-linked hypophosphatemia: real-world data** (Dieter Haffner, Hannover Medical School, Hannover, Germany)

12:30 – 13:30: Lunch

13:30 – 18:00: Research Forum

The EUROD research forum gathers basic and clinical researchers, focusing on scientific progress in renal bone disease. The mission of the EUROD research forum is to share knowledge, foster collaboration, and enhance networking. The EUROD research forum comprises a mixture of invited mini lectures, selected free communications, and short pitches, with ample time for discussion.

13:30 – 15:00: Research Forum part 1

Chairs: **Marie-Helene Lafage-Proust** (*University of Lyon, St. Etienne, France*) & **Anja Verhulst** (*University of Antwerp, Antwerp, Belgium*)

- 13:35 – 13:50 (FC): To be confirmed
- 13:55 – 14:10 (FC): To be confirmed
- 14:15 – 14:30 (FC): To be confirmed
- 14:35 – 14:55 (P): **Conquering challenging conditions: Creating European and global clinical trial networks in calciphylaxis** (*Smeeta Sinha, University of Manchester, Manchester, UK*)

15:00 – 16:00: Coffee Break and Posters

16:00 – 17:30: Research Forum part 2

Chairs: **Nathalie Bravenboer** (*Amsterdam University Medical Centers Amsterdam, the Netherlands*) & **Christa Maes** (*Katholieke Universiteit Leuven, Leuven, Belgium*)

- 16:00 – 16:15 (FC): To be confirmed
- 16:20 – 16:35 (FC): To be confirmed
- 16:40 – 16:55 (FC): To be confirmed
- 17:00 – 17:20 (P): **Synergy in clinic and research; how to organize your practice to support your research** (*Hege Philstrøm, Oslo University Hospital, Rikshospitalet, Oslo Norway*)

17:25: Best Abstracts (*Pieter Evenepoel, Katholieke Universiteit Leuven, Leuven, Belgium*)

19:00: Network Dinner (*De Optimist, registration necessary*)

Friday, Jan 16, 2026

CME: CKD-associated Osteoporosis and Cardiovascular disease in Kidney Transplantation

Kidney transplantation is the best treatment option for kidney failure; however, despite improvement in kidney function, complications related to CKD persist in post-transplant. More than half of kidney transplant recipients exhibit ongoing disturbances of mineral metabolism, which may affect their risk of bone and vascular disease. These risks are compounded by the addition of immunosuppressive therapies. This CME will provide a contemporary view on bone and vascular disease in kidney transplantation, focusing on how to manage these conditions in relation to pre- transplant work-up and post-transplant care.

09:00 – 09:15 Welcome (Pieter Evenepoel, *Katholieke Universiteit Leuven, Leuven, Belgium*)

09:15 – 10:45 Session 1: CKD-associated osteoporosis in kidney transplantation

Chairs: **Justine Bacchetta** (*University of Lyon, Lyon, France*) & **Anibal Ferreira** (*Nova Medical School, Lisbon, Portugal*)

09:15 – 09:35 Bone health in kidney transplant candidates (Carlo Alfieri, *University of Milan, Milan, Italy*)

- 09:40 – 10:00 **Impact of kidney transplantation on bone and mineral metabolism** (Hanne Skou Jørgensen, *Aarhus University, Aarhus, Denmark*)
- 10:05 – 10:25: **Bone health in paediatric kidney transplantation** (Agnieszka Prytula, *Ghent University, Ghent, Belgium*)
- 10:30 – 10:45: **Panel Q&A**

10:45 – 11:30 Coffee Break & Faculty Photo

11:30 – 12:30 Session 2: CKD-associated cardiovascular disease in kidney transplantation

Chairs: **Maria Fusaro** (*National Research Council, Pisa, Italy & University of Padua, Padua, Italy*) & **Hanne Skou Jørgensen** (*Aarhus University, Aarhus, Denmark*)

- 11:30 – 11:50 **Cardiovascular health in kidney transplant candidates and recipients** (Antonio Bellasi, *Università della Svizzera italiana, Lugano, Switzerland*)
- 11:55 – 12:15 **Novel therapeutic options for cardiovascular health after kidney**

transplantation (Martin de Borst, *University of Groningen, Groningen, The Netherlands*)

- 12:15 – 12:30 **Panel Q&A**

12:30 – 13:30 Lunch

13:30 – 15:20 Session 3: Treatment considerations

Chairs: Pieter Evenepoel (*Katholieke Universiteit Leuven, Leuven, Belgium*) & Mathias

Haarhaus (*Karolinska Institute, Stockholm, Sweden*)

- 13:30 – 13:55 **Glucocorticoid-induced osteoporosis** (Julien Paccou, *University Lille, Lille, France*)
- 14:00 – 14:25 **Precision medicine: Balancing steroid exposure, rejection risk, and infections after kidney transplantation** (Dirk Kuypers, *Katholieke Universiteit Leuven, Leuven, Belgium*)
- 14:30 – 14:55 **Optimizing bone health after kidney transplantation** (Thomas Nickolas, *Washington University, St. Louis, United States*)
- 15:00 – 15:20 **Panel Q&A**

15:20 – 15:30 Concluding remarks (Pieter Evenepoel, *Katholieke Universiteit Leuven, Leuven, Belgium*)

15:30 – 16:30 Coffee and Networking

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